

ENERGY CONSERVATION

Below are tips on how to beat the heat while conserving energy.

- Set the thermostat at 78 degrees or slightly higher. Raise the thermostat higher when away from home for extended periods.
- Clean or change the air conditioner filter regularly.
- Close drapes or blinds during the day to reduce heat from direct sunlight.
- Use room or ceiling fans to circulate air.
- Use fluorescent lights instead of incandescent lamps when possible. Fluorescent lights last about 10 times longer and produce more light for the same amount of energy.
- Use smaller appliances such as crock-pots, toaster ovens and electric skillets whenever possible to save energy.
- Instead of heating the oven on hot days, use the microwave.
- Use the dishwasher only when you have a full load.
- Use heat-producing appliances such as your dryer, dishwasher and range during the cooler nighttime hours.
- Wash full laundry loads rather than washing multiple small loads. Clean the lint filter after every dryer load. Clothes will dry faster and it will save energy.

Source: Alabama Power Co.